

**A CONFESSION, REPENTANCE AND MERCY PRAYER**

(All prayers must be prayed in the name of Jesus Christ)

**FOLLOW THESE INSTRUCTIONS DURING THIS PRAYER HOURS:**

- (A). Please, cry and pray these prayers seriously with all your heart at least for 5minutes each.
- (B). Put off your phones and do not talk to anybody during this prayer hours to avoid distractions
- ©. Fasting is required as you may be instructed by the minister or depending on the nature of the case / sins, except otherwise (such as on medical grounds) or as your strength can carry you. Nursing and pregnant mothers or exceptional cases are to break their fast at 12noon OR at their will and continue with their prayer except otherwise or they can drink water or eat fruits all through. Please, any medical exception should seek advice before fasting.
- (D). Don't sit on or lie on the bed or chair as you pray these prayers rather sit on the floor, stand or kneel down
- (E). You can pray this prayer for at least three (3) days as your case may be or as instructed by a minister
- (F). You must separate yourself from everybody, be indoors, in your house, in the church or a restricted place to enable you fully focus and concentrate to avoid distractions
- (G). This is a crying prayer. So, cry to the Lord for his mercy and help. Psalm 50 v 15
- (H). You can pray this prayer on-behalf of somebody (Intercession)
- (I). Don't sleep during this prayer. 7am ---- 8pm prayer time, 8pm – 11pm is your sleep or rest time, and from 11pm ----- 3am in the night your prayer time.

**PART 1 :  
PRAYERS**

- \* Thank God for all He has done in your life
- \* Confess genuinely and repent of your sins
- \* **Bible Study:** Dan 9 v 9, Isaiah 59 v 1- 2, 2 Chro 7 v 13 – 15, Isaiah 29 v 13 – 16, Hos 14 v 1 - 7, Job 8 v 8 - 10, Hos 4 v 6, Hos 7 v 1 – 2, Ps 51, 85 v 1, 86 v 15, 103 v 8 – 18, Isa 55 v 7, Matt 5 v 7, Pro 16 v 6, Ex 34 v 6 – 8, Jer 3 v 12 - 13, Jam 5 v 11, Rm 9 v 15, Luke 1 v 50, 78, Num 14 v 17 – 24, Lam 3 v 22 – 25, 1 Cor 15 v 50, Gal 5 v 19 - 21
- \* Praise and worship the Lord to your satisfaction

**PRAYERS:**

1. Jesus, I thank you for your mercy that is available for me as I humble myself to cry to you. 5mins
2. Read Job 22 v 25 – 30. If you are not yet born again, sincerely pray this prayer on your knees: Lord Jesus, I believe you are the Son of God and I receive you into my life today as my Lord and Savior forever. 5mins
3. Read Matt 6 v 14 – 15. Examine yourself very well if there is bitterness or un-forgiveness in your life, make sure you forgive.
4. Praise God and exalt Him with all His names you know
5. O God, do not turn your face against me: read and pray with 1Chronicles 7 v 13 – 15 on your knees
6. Worship the Lord in songs at least for. 5mins
7. Read Psalms 50 v 14 – 15, Deut 23 v 21. If you are using this prayer for a particular case then make a vow you can easily fulfill concerning the case to the Lord.
8. On your knees, pray with psalm 51.
9. Lord Jesus Christ, wash cleanse and make me whole with your precious blood. 5mins
10. Roll yourself on the floor: (if there are specific sins in your life cry and confess them to the Lord)
11. Lord Jesus Christ, with your blood silence the voices of my sins that are crying against me
12. Every door sin have opened into my life blood of Jesus close them as I pray
- \* Worship songs
13. Lord Jesus, use your blood to silence the voice of idols worshipped by my parents / ancestors back to four generations. 5mins
14. Read Job 8 v 8 – 10. Lord Jesus Christ, in your mercy move into my foundation and set me free from blood bondage and the sins of my parents / ancestors back to four generations.
15. Lord Jesus, in your mercy and compassion, lay your hands upon me and restore me from my sins and every ungodliness
16. Lord Jesus, use your blood to silence every blood that is crying against me (mention the blood if you know)
17. Anything representing sin and evil in my body, receive fire be uprooted and die. 5mins
- \* Worship songs.
18. Read Psalms 50 v 15, Ps 22 v 6: On your knees cry to God concerning your case
19. Lord Jesus Christ, visit me now I need your unending mercy and help, deliver and restore me. 5mins
20. Open your mouth wide, breathe in and out (you may vomit). 5mins
21. Every seed of sin and death in my life, receive fire and die to your root
22. You the strongman of sin following me about, I bind and arrest you with the blood of Jesus Christ
23. Open your mouth wide, breathe in and out. 5mins
24. On your knees: my God, look at my life, I call upon you (narrate your case before the Lord)
- \* Praise songs.
25. Jehovah the man of war, arrest, take over, fight my battles and give me victory
26. Lord Jesus Christ, arise with your fire destroy anything that is standing against my .....
27. I dedicate myself and everything I have to you O Lord, take over my life henceforth and deliver me
28. Spread your two hands wide open: my Father, have mercy and embrace me for deliverance and testimony
29. O Lord, arise and do something concerning my case (mention your case)
30. Blood of Jesus Christ, fire of God, break and destroy anything that is tying down my .....
31. Blood of Jesus Christ, break and unlock me from any where the enemies have locked me up
- \* Worship songs.
32. Use your hands like a cup and drink the blood of Jesus. (You may vomit). 10mins
33. Lord Jesus Christ, expose and destroy the root of my problems.(mention your problems)
34. On your knees: Lord Jesus, deliver me from any where they tied me and my ..... down
35. O God, fire me with your fire of deliverance and breakthrough concerning my .....

ISBN: 978-978-55558-3-7

36. Lord Jesus Christ, do not leave me like this, I need your help, help me (mention where you need help)
37. Holy Ghost fire, uproot and flush out anything inside me that is my problem. 5mins
38. Sanitizing fire of God, destroy and flush every sickness poison and problem out of my body.
- \* High praise songs.
39. Open your mouth wide, breathe in and out (you may vomit). 5mins
40. On your knees: Holy Ghost fire, destroy my problems and fire me for testimonies concerning my .....
41. Holy Ghost fire, cut off every stubborn problem from my life. (mention the problems)
42. O God arise and do something for me concerning my ..... as I pray this prayer. 5mins
43. Lord Jesus Christ, I come before you, slay me on your altar of mercy, remold and restore me.
44. Remain quiet and ask the Lord to talk to you concerning..... 10mins
45. O your knees: O Lord, deliver me from hell fire and help me to make heaven.
- \* Cover yourself with the blood of Jesus Christ

